

Information about the Process and Important Notes for an Abortion

1. Counseling Period and Legal Requirements

Before an abortion can be performed, legally required counseling is necessary. This counseling must take place at least 3 days before the procedure. During the counseling session, you will receive all the necessary information about the procedure, available alternatives, and the risks. You will also be informed about the psychological and physical effects.

2. How the Abortion Process Works

There are different methods of abortion, depending on the pregnancy week and the patient's health condition.

3. What You Need to Consider Before the Procedure

- **Counseling:** Please make sure you have a thorough consultation before the procedure. We recommend bringing your partner or a trusted person with you to the counseling.
- **Medical Pre-examination:** Before the procedure, a medical examination will be conducted to ensure that you are healthy and there are no contraindications for the procedure.
- **Follow-up Care:** It is important to have a follow-up examination at our practice after the procedure to ensure that no complications arise.

4. Important Information on the Risks

Every procedure carries risks. In the case of an abortion, the following complications may occur:

- Infections
- Uterine injuries (in the case of surgical procedure)
- Incomplete abortion
- Psychological strain

We will inform you about these risks in detail to help you make an informed decision.

5. After the Procedure

- **Recovery:** You should plan for rest and recovery after the procedure. There may be light bleeding and pain, which typically subsides within a few days.
- **Follow-up Care:** A follow-up examination is recommended to monitor the healing process and ensure everything is healing properly.
- **Psychological Support:** You may need psychological support after the procedure. We can provide you with information about counseling services.

6. Costs and Financing

The abortion is covered by statutory health insurance if the required counseling and legal waiting period are observed. Please clarify in advance whether there may be additional costs (e.g., for medications).

7. Urgent Questions or Concerns

If you have any questions or are unsure about the process, we are always available to provide guidance and support.

Please Note:

At our practice, we only conduct the counseling and follow-up examination. The procedure itself is carried out at the **Apolonia Clinic in Ludwigshafen**.